

Tired of Solicitors Calling You? Here is How to Stop Them...



National Do Not Call Registry



Report Unwanted Calls



Verify Your Registration



Register Your Phone

The National Do Not Call Registry gives you a choice about whether to receive telemarketing calls

- You can [register](#) your home or mobile phone for **free**.
- After you register, **other types of organizations may still call you**, such as charities, political groups, debt collectors and surveys. To learn more, read our [FAQs](#).
- If you received an unwanted call after your number was on the National Registry for 31 days, [report it to the FTC](#).
- You will remain on this list permanently.